

HAPPENINGS

Neighborhood Center presents ecstatic dance

An evening of ecstatic dance — a freeform, expressive and improvisational movement practice — will take place Friday from 6:30 to 8:30 p.m. at The Arc Community Greenspace, 967 Main St. Ecstatic dance, this is a space for all ages and abilities, organizers said.

Merryn Spence will lead participants. Spence has been facilitating ecstatic dances for several years and has done so in several countries.

All events in the Greenspace are free.

• **More information:** Email Spence at merrynatewithit@gmail.com.