

## HAPPENINGS

### Meadville Community Theatre's stories

Grab your lunch and head over to The Arc Community Greenspace, 967 Market St., Meadville, next Thursday from noon to 1 p.m. for a lunchtime lift event featuring a series of true-life (or mostly true-life) stories by local storytellers including Guy McUmbler ("Marked Up"), Alice Dalmaso ("Saving Our Planet — Creatively"), Maribeth Edmonds ("Death by Singalong"), and Joshua Searle-White ("At Sea with the Commissar").

The ILP Snack Shack, a youth-driven business and a collaboration between Bethesda Lutheran Services and Family Services of Northwestern PA, will be serving on-site, or lunch can be ordered for take-out from several adjacent restaurants.

All events in The Greenspace are presented free and are organized by the community for the community.

This year's programming is supported by a grant received by The Arc of Crawford County through Erie Arts and Culture's Creative Sector Flex Grant for which matching funds have been provided through a collaboration between The Arc of Crawford County and the Meadville Neighborhood Center.

If you are interested in proposing an event for the fall, or for the 2026 season, contact Amara Geffen at [ageffen@allegheny.edu](mailto:ageffen@allegheny.edu).

### Menu and activities at county senior centers

Active Aging Inc. has announced the menu and schedule of activities at senior centers for the week of Aug. 18. Meals must be ordered two days in advance.

**Monday:** Korean meatballs, white rice, oriental vegetables, wheat bread, fresh melon.

**Tuesday:** Shrimp scampi, creamy pasta, lemon pepper broccoli, breadstick, pudding.

**Wednesday:** Chicken Philly cheesesteak, cream of spinach soup, coleslaw, hoagie roll, gelatin.

**Aug. 21:** Swiss steak with onion gravy, cabbage and noodles, green beans, wheat bread, birthday cake.

**Aug. 22:** Sliced ham, tri-color sweet potatoes, peas, dinner roll, cookie.

**Cambridge Springs Monday:** Exercise equipment, 8 a.m.

**Tuesday:** Healthy Steps in Motion exercise class, 9 a.m.; chair yoga, 10 a.m.; games/ dominos, 10 a.m.; hiking, biking and picnic at Maurice K. Goddard State Park.

**Wednesday:** Euchre cards (reservations needed), 9:30 a.m.

**Aug. 21:** Healthy Steps in Motion exercise class, 9 a.m.; games/dominos, 10 a.m.; woodcarving, 10 a.m.; sub sale pickup day, 10 a.m. to 3 p.m.

**Aug. 22:** Euchre cards (reservations needed), 9:30 a.m.;

gentle yoga, 1:30 p.m.

**Bair Family Center (Linesville) Monday:** Exercise video, 8:30 a.m.; quilting/sewing, 9 a.m.

**Tuesday:** Exercise video, 8:30 a.m.; woodcarving, 9:30 a.m.; tai chi, 9:30 a.m.; Healthy Steps in Motion, 10:30 a.m.; 500 card party, noon; adult art class, noon; hiking, biking and picnic at Maurice K. Goddard State Park.

**Wednesday:** Exercise video, 8:30 a.m.; quilters/sewers, 9 a.m.; pinochle for the fun of it, 9 a.m.; walking club Wednesday, 12:30 p.m.

**Aug. 21:** Bingo, 9:30 a.m.

**Aug. 22:** Exercise video, 8:30 a.m.; craft class, 9:30 a.m.; Healthy Steps in Motion, 10:30 a.m.; euchre card party, 12:15 p.m.; kayak day at Canadohta Lake; affordable care hearing by appointment.

**Titusville Monday:** Pinochle party, 12:45 p.m.

**Tuesday:** Healthy Steps in Motion, 10:30 a.m.

**Wednesday:** Bingo, 12:45 p.m.

**Aug. 21:** Healthy Steps in Motion, 10:30 a.m.

**Aug. 22:** Summer send-off party, 11 a.m.

**Canadohta Lake Aug. 22:** Kayak and lunch at Canadohta Lake North Inlet.

**Meadville Monday:** Healthy Steps in Motion, 9 a.m.; bingo, 10 a.m.; yoga, 10 a.m.; walking group meet at the Downtown Mall, 10 a.m.; tai chi, 11 a.m.

**Tuesday:** Healthy Steps in Motion, 9 a.m.; watercolor painting class, 10 a.m.; SAIL exercise program, 10 a.m.; yoga, 11 a.m.; bunco, 12:30 p.m.; chi kung, 1:30 p.m.; classic cardio, 5 p.m.; hiking, biking and picnic at Maurice K. Goddard State Park.

**Wednesday:** Healthy Steps in Motion, 9 a.m.; pickleball court, weather permitting, 9 a.m. to 2 p.m.; yoga, 10 a.m.; tai chi, 11 a.m.; pain management presented by Edgewood surgical staff, 12:10 p.m.; quilting group, 1 p.m.; yoga, 4 p.m.

**Aug. 21:** Healthy Steps in Motion, 9 a.m.; line dance, 10 a.m.; SAIL exercise program, 10 a.m.; chair fitness, 11 a.m.; knitting group, 1 p.m.; classic cardio, 5 p.m.

**Aug. 22:** Healthy Steps in Motion, 9 a.m.; bingo, 10 a.m.; yoga, 10:30 a.m.; kayak and lunch at Canadohta Lake North Inlet Beach.

The centers will continue curbside pickup meals for those seniors who are unable to, or desire not to, attend a center for lunch while state and/or federal regulations permit them to do so.

For assistance or additional information, call your local center: Cambridge Springs: 156 Venango Ave. Contact Tami Boylan at [\(814\) 398-8616](tel:8143988616).

Meadville: 1034 Park Ave. Contact Ashley McLallen at [\(814\) 336-1792](tel:8143361792), extension 106.

Bair Family Center: 237 S. Pymatuning St., Linesville. Contact Janet Wasserman at [\(814\) 683-4959](tel:8146834959).

Canadohta Lake: 22978 Shreve Ridge Road, Union City. Contact Patty Flaherty at [\(814\) 336-1792](tel:8143361792), extension 106.

Titusville: 714 E. Main St. Contact Ashley Thompson at [\(814\) 827-9134](tel:8148279134).